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Culturally Adaptive Counseling Skills

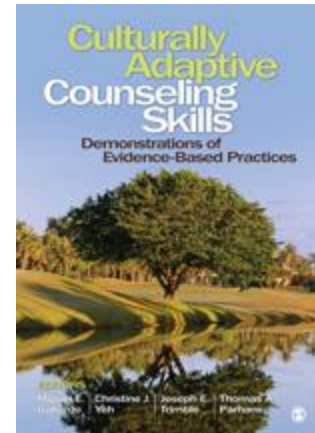
Demonstrations of Evidence-Based Practices

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A key supplement for courses on multicultural counseling, this book is a practical volume that will help faculty and students see demonstrations of **multicultural counseling in practice**. The text covers evidence-based practices for working with five major ethnic groups, while weaving in other factors such as gender, disability, sexuality, and more. Each chapter has two case studies by an invited expert who also provides commentary and lesson drawing upon each case.

The authors will generously donate a percentage of their book royalties to the following organizations: The National Latina/o Psychological Association, The Society of Indian Psychologists, The Samoan Community Development Center, The Association of Black Psychologist and The 100 Black Men of Orange County*.*

** Donations to latter two organizations are given directly by the co-author to the organizations*

Features:

- The Skills Identification Stage Model (SISM):** Each of the SISM with the specific ethnocultural communities outlines specific therapeutic skills with which students and professionals can work.
- Case Examples:** The case illustrations provide readers with applied therapeutic knowledge and skills as discussed by clinicians in the field. The case examples provide illustrative examples of how the SISM can be applied in the real-world.
- Evidence-based practice applications:** Evidence-based conceptualizations are incorporated throughout and exemplify the multiple sources of “evidence” available when working therapeutically.
- Integration of different modalities throughout the book :** There are different theoretical orientations (interpersonal-feminist, CBT, attachment and community, etc.) included throughout the book by way of application to ethnocultural communities and within the case examples.
- Foundational chapters are a summary of current, relevant literature in the area of applied practice with each of these ethnocultural communities:** Readers will be appraised of the most current research in these areas with each of the ethnocultural groups represented.



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